2023-06-15

19:00:00 19:45:00
𝓞𝓝𝓔 𝓣𝓪𝓷𝓰𝓸 TANGO STRETCH & TANGUERAS TECHNI
ONE TANGO Vienna, Rosa Ginger Berg contact@ONETANGO.at
ONE TANGO SCHÖNBRUNNERSTRASSE 58/10, 1040
ONE TANGO> ab 2. Juni findet TANGO STRETCH (Rosa) immer auch * Donnerstags von 19-19:45 statt, danach TANGUERAS INSIGHTS & TECHNIQUE bis 21:00.Stretch & Technique 25€/pPBlock 10 Klassen 180€Stretch 15€/pPTechnique 20€/pPBlock 10 Klassen Stretch oder Technique 140€STRETCHING & ACTIVATION before the TANGUERAS TRAINING is the perfect preparation to find space between all your muscles, joints and bones.Get a freer feeling & elegant movement, lightness, & understand your perfect body positioning.

Rosa Ginger Berg

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15€ & 140€ Option Block 10x: